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Sample Snack Menu for Upper Nursery

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	Rice cakes Apples	Oatcakes Cheese Cucumber sticks	Cream crackers Soft cheese Carrot sticks	Bread Cheese/soft cheese Pepper sticks	Breadsticks Tzatziki Sugar snaps
p.m.	Breadsticks Hummus Pepper sticks	Cream crackers Seasonal fruit	Natural yogurt Banana	Rice cakes Cucumber sticks	Seasonal fruit selection

