

The Elms Sport In Schools - PPA Termly Overview (Autumn)



| | Early Years/Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|----------------|---|--|---------------------------------------|---|---|--|
| Week 1 | Ball Skills Throwing & catching | Footwork & Co-Ordination Change speed & direction | Football Dribbling | Tag Rugby Passing & ball handling | Football Dribbling & turning | Hockey Dribbling |
| Week 2 | Ball Skills Kicking & striking | Footwork & Co-Ordination Turning with a ball | Football Passing | Tag Rugby Attack v Defence - overload | Football Keeping possession | Hockey Passing |
| Week 3 | Ball Skills Controlling a ball | Ball Skills Kicking at targets | Football Keeping possession | Tag Rugby Tactical awareness | Football Decision making games | Hockey Attack v Defence overload |
| Week 4 | Ball Skills Tracking a ball | Ball Skills Travel with ball – using feet | Football Control | Tag Rugby Creating overloads | Football Small-sided games | Hockey Small-sided games |
| | - | - | - | - | 4 week assessment | 4 week assessment |
| Week 5 | Footwork & Co-Ordination Changing Speeds | Ball Skills Travel with ball – using hands | Football Small-sided games | Tag Rugby Understanding game rules | Hockey Dribbling | Football Tactical awareness |
| Week 6 | Footwork & Co-Ordination Turning | Ball Skills Throwing a ball | Football Small-sided games | Tag Rugby Match | Hockey Passing | Football 1 v 1 |
| | 6 week assessment | 6 week assessment | 6 week assessment | 6 week assessment | - | - |
| Week 7 | Ball Skills Rolling for targets | Footwork & Co-Ordination Change speed & direction | Tag Rugby Ball handling | Football Dribbling & running with ball | Hockey Keeping possession | Football Attack v Defence overload |
| Week 8 | Ball Skills Throw & Catch - targets | Ball Skills Kicking at targets (2) | Tag Rugby Passing opposed | Football Attack v Defence | Hockey Small-sided games | Football Small-sided games |
| | - | - | - | - | 4 week assessment | 4 week assessment |
| Week 9 | Ball Skills Controlling a ball (2) | Ball Skills Small-sided games | Tag Rugby Small-sided games | Football Keeping possession | Tag Rugby Passing & creating overloads | Tag Rugby Attack v Defence overload |
| Week 10 | Footwork & Co-Ordination Changing Speeds (2) | Ball Skills Travel with ball – using hands | Tag Rugby Attack v Defence | Football Game awareness | Tag Rugby Small-sided games | Tag Rugby Game management |
| Week 11 | Ball Skills Tracking a ball (2) | Footwork & Co-Ordination Individual & relay | Tag Rugby Understanding game rules | Football Small-sided games | Tag Rugby Conditioned games | Tag Rugby SSG - officiating |
| Week 12 | Ball Skills Kicking & Striking (2) | Ball Skills Throwing at targets (2) | Tag Rugby Match | Football Tournament play | Tag Rugby Small-sided games | Tag Rugby Small-sided games |
| | End of Term assessment | End of Term assessment | End of Term assessment | End of term assessment | End of term assessment | End of term assessment |